



Directory of Commonly Requested Community Services



2016

Dial 2-1-1 or 1-877-463-6207 / or visit 211Maine.org for confidential help & information on these and other area services

Brought to you locally by: United Way of Androscoggin County

EMERGENCY SERVICES

- Adult Protective Services (24 hr. Hotline) .1-800-624-8404
- American Red Cross-United Valley Chapter 795-4004
- Androscoggin County Emergency Management . 784-0147
- Emergency Hazardous Materials Response1-800-452-8735
- Emergency Oil Spill Response.....1-800-482-0777
- Family Crisis Services (24 hr.)1-866-834-4357
- Franklin County Emergency Management..... 778-5892
- ME Emergency Management Agency 800-452-8735 or 624-4400
- Maine Crisis Hotlines 1-888-568-1112
- Northern NE Poison Center1-800-222-1222
- Oxford County Emergency Management..... 743-6336
- Maine Coalition Against Sexual Assault1-800-871-7741

FINANCIAL ASSISTANCE & SUPPORT PROGRAMS
Clothing, Emergency \$, Food, Fuel, Mortgage, Rent, Utilities

- Bethel Food Pantry824-0369
- Bread of Life at The Vineyard Pantry – Mechanic Falls . 346-6015
- Coastal Enterprises, Inc. - Lewiston777-5060
- DHHS Emergency Assistance – Lewiston.....795-4300
- DHHS Emergency Assistance – South Paris 744-1200
- Food Stamps - Lewiston.....795-4300
- Food Stamps – South Paris.....744-1200
- General Assistance Local Town Office or Call 2-1-1
- Greene Baptist Church Food Pantry946-5505
- High Street Congregational Church Pantry - Auburn784-1306
- Hope Haven Gospel Mission - Lewiston.....783-6086
- Leeds Community Church Food Pantry.....524-7151
- LIHEAP (Heating Assistance)
 - Community Concepts - Lewiston795-4065
 - Community Concepts – South Paris 743-7716
 - Western Maine Community Action – E. Wilton.....645-3764
- Lisbon Area Christian Outreach Food Pantry..... 353-6002
- Loaves & Fishes Dominican Sisters Pantry - Sabattus ..375-8399
- Meals on Wheels..... 1-800-427-1241 or 795-4010
- Oxford Hills Food Pantry739-2866
- Poland Community Church Food Pantry998-4227
- Rural Community Action Ministry - Leeds.....524-5095
- St. Mary's Food Pantry777-8347
- Salvation Army - Lewiston.....783-0801
- Salvation Army - other communities..... call 2-1-1
- Seventh Day Adventist Church Food Pantry - Auburn ...784-0861
- Social Security Administration - Auburn 1-866-627-6996
- Tri-Town Ministerial Food Pantry897-3529
- Trinity Jubilee Center - Lewiston782-5700
- Turner Presbyterian Food Pantry224-7781
- Veterans Affairs (Vet Center) - Lewiston783-0068
- Wales Presbyterian Church Food Pantry375-6618
- Women, Infants & Children-Auburn .1-877-512-8856 or 795-4016

ABUSE/ASSAULT
Child Abuse

- Child Abuse Hotline (24 hr.) 1-800-452-1999
- Child Protective Services - Lewiston795-4300
- National Center for Missing & Exploited Children1-800-843-5678

Domestic Violence

- Adult Protective Services (24 hr. to report abuse) . 1-800-624-8404
- Domestic Abuse Helpline for Men & Women..... 1-888-743-5754
- Family Crisis Services (24 hr.) 1-866-834-4357
- Gateway Recovery Services – Norway743-7580
- National Domestic Violence Hotline 1-800-799-7233
- Safe Voices Abuse Hotline (24 hr., Auburn) 1-800-559-2927

Sexual Assault

- Sexual Assault Prevention & Response 784-5272/800-871-7741

DISABILITIES SERVICES

- Alpha One 1-800-640-7200 & TTY: 1-866-906-5375
- Common Ties Mental Health Services 795-6067
- Creative Work Systems..... 795-6737
- Dept. of Adults with Cognitive & Physical Disabilities (DHHS)
 - Lewiston1-800-866-1803
- Disability Rights Center..... 1-800-452-1948 or 626-2774
- IRIS (Maine Center for the Blind) 1-800-715-0097 or 774-6273
- John F. Murphy Homes.....782-2726
- Maine Parent Federation (SPIN)..... 1-800-870-7746 or 588-1933
- Maine Relay Service for the Deaf.....7-1-1
- Pine Tree Society.....443-3341
- Sandcastle Clinical & Educational Services 782-2150
- Special Library Services-Books on Tape1-800-762-7106
- Vocational Rehabilitation..... 795-9000 or 1-800-741-2991
- Westside Neuro Rehabilitation Services - Lewiston 795-6110

EDUCATION & EMPLOYMENT SERVICES

- ASPIRE/JOBS.....795-4423
- Auburn Adult Education 784-9220
- Bates College 786-6255
- Central Maine Community College.. 1-800-891-2002 or 755-5100
- Central Maine SCORE 782-3708
- Cooperative Extension Service (Androscoggin) ...1-800-287-1458
- Downtown Education Collaborative - Lewiston 786-8241
- Jobs for Maine's Graduates 620-7180
- Kaplan University333-3300
- Lewiston Adult Education 795-4141
- Lewiston Career Center 753-9000
- Lewiston/Auburn College - USM 753-6500
- Lisbon Adult Education 353-3037
- Literacy Volunteers-Androscoggin 333-4785
- Hebron Academy966-2100
- Poland, Mechanic Falls & Minot Adult Education 345-3217
- Turner, Leeds & Greene Adult Education225-1010
- Unemployment Insurance-Job Service 753-9000 or 1-800-741-2991
- Vocational Rehabilitation..... 753-9000 or 1-800-741-2991
- Women Unlimited..... 1-800-281-5259 or 623-7576
- Women, Work & Community 753-6612
- Worker's Compensation Board 1-800-400-6857 or 753-7700

ELDER SERVICES

- AARP - Maine776-6302
- Adult Protective Services (24 hr. to report abuse) ...1-800-624-8404
- Catholic Charities – SEARCH 784-0157
- Elder Independence..... 1-888-234-3920 or 795-7213
- Eldercare Locator.....1-800-677-1116
- First Auburn Senior Citizens 784-0191
- Golden Age Club – Auburn576-4082
- Health & Wellness Senior Services- CMMC 795-2905
- Legal Services for the Elderly1-800-750-5353
- Lewiston Senior Citizens..... 513-3059 x3710
- Lifeline Emergency Response..... 777-8827
- Long Term Care Ombudsman..... 1-800-499-0229 or 621-1079
- Low Cost Drug Program (ME.Rx Plus).....1-866-796-2463
- Meals on Wheels..... 1-800-427-1241 or 795-4010
- New Auburn Senior Citizens375-6588
- Office of Elder Services..... 287-9200 or 1-800-624-8404
- Sabattus Senior Citizens 375-6588
- SeniorsPlus/Area Agency on Aging 1-800-427-1241 or 795-4010
- Social Security Administration - Auburn866-627-6996
- Sunshine Hill Neighbor's Center - Lisbon..... 353-0646

VOLUNTEERING or DONATING GOODS:

United Way of Androscoggin County 795-4000
Email: acoombs@unitedwayandro.org



FAMILY & CHILDRENS SERVICES

Child Care Information and Vouchers

Community Concepts795-4065

Child Care Centers/After School Programs

Androscoggin Head Start & Child Care795-4040
Auburn/Lewiston YMCA795-4095
Clover Pre-School784-3573
Daisy Garden Child Care - YMCA753-4832
Early Learning Center.....753-1457
Lever's Day Care.....783-1552
Sandcastle Clinical and Educational Services.....782-2150
Tree Street Youth Center577-6386
YWCA of Central Maine795-4050

Mentoring and Scouting Programs

Big Brothers/Big Sisters795-4065
Boys & Girls Clubs – Auburn/Lewiston Clubhouse782-2446
Girl Scouts of Maine1-888-922-4763
Pine Tree Council Boy Scouts541-3951

Parenting Resources

Advocates for Children783-3990
Androscoggin Head Start & Child Care795-4040
Child Development Services795-4022
KIDS Consortium784-0956
Macaroni Kid Lewiston/Auburn Newslettermacaronikid.com
Renaissance School.....777-4175
Sandcastle Clinical & Educational Services782-2150
Success By 6 – United Way795-4000

Youth and Family

Auburn Public Library333-6640
Gay & Lesbian National Hotline.....1-888-843-4564
Grief & Loss Support-Androscoggin Home Care/Hospice .777-7740
Lewiston Public Library.....513-3004
New Beginnings795-4077
Runaway Safeline1-800-786-2929
The Root Cellar782-3659

HEALTH AND HEALTHCARE

Childhood Lead Poisoning Prevention1-866-292-3474
Consumers for Affordable Health ...1-800-965-7476 or 622-7083
Familywize Prescription Discount Card795-4000
Global Home Care Service (Health Equipment)376-3060
Healthy Androscoggin795-5990
Low-Cost Drug Program (Elder/Disabled)1-866-796-2463
MaineCare HelpLine (InsureKidsNow.gov)1-877-543-7669
MaineCare Member Services1-866-690-5585
Medicare.....1-800-633-4227
National AIDS Hotline (CDC).....1-800-342-2437
Northern NE Poison Center.....1-800-222-1222
Sandcastle Clinical & Educational Services782-2150

HOSPITALS/CLINICS

B Street Clinic - Lewiston753-5400
Bridgton Hospital - Bridgton.....647-6000
Central Maine Medical Center795-0111
Central Maine Medical Center Physician Referral1-888-832-4057
Community Dental.....777-7442
Family Planning - Lewiston.....795-4007
Maine Family Planning622-7524
Lewiston Veteran Center783-0068
Maine Veterans Homes743-6300
St. Mary's Clinic at Wal Mart330-3900
St. Mary's Medical Center777-8100
St. Mary's Medical Center Physician Referral777-8899
Stephens Memorial Hospital.....743-5933
UNE Dental Hygiene 221-4900 Oral Health Center221-4747
Veterans Hospital - Togus.....1-877-421-8263 or 623-8411

HOUSING & SHELTER

Androscoggin Habitat for Humanity786-2598
Auburn Housing Authority.....784-7351
CEI Housing- Lewiston777-5060
Hope Haven Gospel Mission783-6086
Housing Discrimination Hotline.....1-800-669-9777
Lewiston Housing Authority783-1423
Maine Building Materials Exchange636-7670
Maine State Housing Authority626-4600
Property Tax Abatement.....call local Town Office
Property Tax & Rent Refund Program.....624-5600
Safe Voices795-6744
St. Martin de Porres Residence.....786-4690
Tedford Housing - Lewiston.....729-1161

LEGAL & TAX INFORMATION

CASH Coalition.....513-3160
Child Support Enforcement624-8020
Cumberland Legal Aid Clinic780-4370
Finance Authority of Maine.....1-800-228-3734 or 623-3263
Internal Revenue Service - Lewiston782-6795

Lawyer Info & Referral Service.....1-800-860-1460
Legal Services for the Elderly1-800-750-5353
Maine Attorney General's Office626-8800
Maine Civil Liberties Union - Portland774-5444
Maine Equal Justice Project.....1-866-626-7059 or 626-7058
Maine Human Rights Commission624-6290
Maine Public Utilities Commission1-800-452-4699
Maine Revenue Services - Tax Information287-2076
Maine Volunteer Lawyers Project....1-800-442-4293 or 774-4348
Pine Tree Legal Assistance – www.ptla.org
Androscoggin/Oxford & Franklin Counties784-1558
Property Tax and Rent Refund.....624-5600
Social Security Administration.....1-866-627-6996
Veterans Affairs (Vet Center) - Lewiston.....783-0068
Victim's Compensation Board1-800-903-7882 or 624-7882

LEGISLATURE

State Representatives1-800-423-2900
State Senators1-800-423-6900

MENTAL, BEHAVIORAL & DEVELOPMENTAL SERVICES

Alliance of the Mentally Ill (NAMI) - Augusta622-5767
Alternative Services - Lewiston777-1107
Ascentria Care Alliance (formerly Lutheran Services)....783-3446
Common Ties Mental Health Services795-6710
Creative Work Systems - Auburn795-6737
Dept. of Health and Human Services (DHHS)287-3707
G.E.A.R. Parent Network1-800-264-9224
John F. Murphy Homes782-2726
Maine Psychological Assoc. Information & Referral.1-800-287-5065
Pathways795-4085
Renaissance School753-5454
St. Mary's Medical Center – Adult Behavioral777-8701
Spurwink Services - Auburn795-0419
Support Solutions - Lewiston795-0672
Sweetser1-800-434-3000
Tri-County Mental Health Services - Lewiston783-9141

NON-PROFITS

Androscoggin Land Trust.....782-2302
Center for Wisdom's Women513-3922
Chamber of Commerce783-2249
Greater Androscoggin Humane Society.....786-4713
L/A Arts782-7228
Make A Wish Foundation800-491-3171
SHAREcenter.....333-6671

SUBSTANCE ABUSE

Ala-Non - Statewide1-800-498-1844
Alcoholics Anonymous – Statewide Meetings1-800-737-6237
Catholic Charities – St. Francis House.....784-2901
Maine Assoc. of Substance Abuse Programs1-800-499-0027
Maine Tobacco Helpline.....1-800-207-1230
Narcotics Anonymous1-800-974-0062
St. Mary's Medical Center – Adult Substance Abuse777-8700
Support GroupsCall 2-1-1

TRANSPORTATION

CityLink Bus Service777-4563
Community Concepts.....795-4065
Western Maine Transportation Service784-9335



2-1-1 Maine is a FREE statewide information and referral service available 24 hours a day, 365 days a year.

- **Simply DIAL 2-1-1**
or visit the on-line 2-1-1 Maine database, with over 9,000 human service programs, at www.211Maine.org

If you can't dial 2-1-1, please call 1-877-463-6207

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